

# milk SPORT FAIR

APRIL 30TH & MAY 1ST • HB STUDIOS SPORTS CENTRE  
TEACHER PACKAGE







## WHAT IS THE MILK SPORT FAIR?

The Milk Sport Fair is a fully-interactive sporting event and an excellent opportunity for your students to get active and learn about the many sport options available in Nova Scotia. **Since 2002, more than 93,000 students** from across the province have participated in the Milk Sport Fair program.

Sport Nova Scotia is pleased to announce that the Milk Sport Fair will return to **Bridgewater, Nova Scotia!**

## ACTIVITIES FOR GRADES 3 TO 8

### A fully interactive experience

Representatives from sport organizations will encourage your students to give their sport a try. Whether it's driving a golf ball, taking a slap shot, shooting a basket, spiking a set, swinging a bat, doing a karate kick, or even paddling a kayak, we are confident your students will enjoy actively participating in the numerous exhibits.

### Learn what sport has to offer

Experience sport demonstrations, exhibitions, inspirational presentations, or information sessions. The Milk Sport Fair is entertaining and fun for everyone.

### Options for everyone

Participate in up to 30 sports.

### Be inspired

Meet some of Nova Scotia's top athletes and coaches, learn their training techniques, get an autograph, and see them in action.

## A MORE ACTIVE NOVA SCOTIA

The rationale for participation in sport and physical activity is extensive. Well-structured sport programs provide children with higher levels of fitness, better health, social involvement, and the satisfaction derived from developing skills in individual and group activities.

### The Milk Sport Fair endeavours to accomplish:

- create excitement about what sport in Nova Scotia has to offer our youth;
- promote health, physical activity and sport to Nova Scotia's youth;
- increase the number of Nova Scotians who commit to physical activity for life; and
- decrease the costs of health care by increasing the physical activity levels of Nova Scotians.

## REGISTER BELOW:

**SPORTNOVASCOTIA.CA**

Cost is \$5 per student, payable in cheque or cash upon arrival at the registration table. Please make cheques payable to Sport Nova Scotia. Receipts will be provided.

**APR 30TH**

Thursday  
9am- 2pm

**MAY 1ST**

Friday  
9am- 2pm

**HB STUDIOS SPORTS CENTRE**



## Title Sponsor



**Dairy Farmers of Nova Scotia** - Nova Scotia's dairy farms are a cornerstone of the province's rural vitality, and their commitment to producing milk "the Canadian way" is more than just a slogan—it's a promise rooted in quality, care, and community.

## Host



**Sport Nova Scotia** is a non profit, non government federated organization. Our membership is made up of over 50 sport governing bodies, ("Provincial Sport Organizations" or "PSOs"), as well as multisport organizations and other groups and individuals that share a mutual interest. Collectively we are a voice for more than 160,000 member Nova Scotians.

## Presenting Sponsor



As a funding partner of Sport Nova Scotia, the **Nova Scotia Department of Communities, Culture, Tourism and Heritage**, provides policies, programs and services that maintain, enhance and create quality sport recreation and fitness opportunities to improve health and contribute to the social and economic well-being of all Nova Scotians.

## Past exhibitors

101.5 The Hawk	Easter Seals	Rope Skipping
101.3 Virgin Radio	Equestrian	Rowing
94.9 The Cape	Esteem Team	Rugby
Acadia University	Farmers Dairy	Scotiabank Blue Nose Marathon
Alpine Ski	Field Hockey	Skating
Arm Wrestling	Fencing	Ski Ben Eoin
Athletics	Football	Ski Martock
Atlantic Motorsport Karters Assoc.	Golf	Skillz Systems
Artistic Swimming	Gymnastics	Snowboarding
Anchor City Roller Derby Badminton	HBC Run for Canada	Snowmobilers Association of Nova Scotia
Baseball	Heart and Stroke Foundation	Soccer
Basketball	Hockey	Softball
Biathlon	Judo	Special Olympics
Bicycling	KidSport	Speed Skating
Bikercise	Karate	Sport Nova Scotia
Boxing	Lacrosse	Subway
Burton Snowboards	Lifesaving Society	Squash
Canadian Council of the Blind Curling Team	Lifetouch Sports	StFX University
Canada Games	Maritime Heart Center	Swimming
Canadian Olympic Committee	Municipality of Argyle	Tae Kwon Do
Canadian Tire Jump Start Charities	Municipality of Yarmouth	Tennis
Cape Breton Regional Municipality	Newbridge Academy	The Chronicle Herald
Cape Breton University	Nova Scotia Curling Association	Tobacco-Free Sport & Recreation
Change Skating to Figure Skating	Nova Scotia Health & Wellness	Tough Monkey Physical Training
Cricket	Nova Scotia Sport Hall of Fame	Triathlon
Cross Country Ski	On Tree	Volleyball
Curling	Onside Performance	Water Polo
Dairy Farmers of Canada	Orienteering	West Hants Regional Municipality Wrestling
Decathlon Dartmouth	Parasport Nova Scotia	Windsor Karate Club
Doctors Nova Scotia	Pisiquid Canoe Club	Windsor Tennis Club
Duke of Edinburgh Award	RBC Olympian Program	Yachting
Disc NS	Recreation Nova Scotia	YMCA
Diving	Ringette	



"The kids are getting exposed to a lot of different sports and activities that they may not have seen before. This gives them an open mind to try a bunch of different sports and find one they enjoy. One more kid involved in sport the better."

**James Baker, parent chaperone**  
**Mount Edward Elementary School**



# Past participants

## Annapolis Valley

Annapolis East Elementary  
Bridgetown Regional Elementary  
Brooklyn Elementary  
Cambridge & District Elementary  
Central Kings Rural High School  
Central Consolidated School  
Champlain Elementary  
Clark Rutherford Memorial School  
Dwight Ross Elementary  
Ecole Burton Ettinger School  
Fairview Junior High  
Hants North Rural High School  
Hantsport School  
Indian Brook  
John MacNeil Elementary  
Kings County Academy  
Kings County Christian School  
New Minas Elementary  
Northeast Kings Education Centre  
Port Williams Elementary  
Somerset & District Elementary  
West Hants Middle School  
Windsor Elementary School  
Wolfville Junior High

## Chignecto-Central

Acadia Street Elementary  
Advocate District School  
Bible Hill Central Elementary  
Bible Hill East Court Road Elementary  
Brookfield Elementary  
Central Colchester Jr High  
Chiganois Elementary  
Cobequid Consolidated School  
Cumberland North Academy  
Cyrus Eaton Elementary  
Debert Elementary  
Dr. Thomas McCulloch  
Dr W.A. MacLeod Elementary  
East Pictou Middle  
EB Chandler  
Elmsdale District School  
Enfield District Elementary  
Great Village Elementary  
Harmony Heights Elementary  
Hilden Elementary  
Junction Road Elementary  
Maitland/Cobequid District Schools  
Maitland/Cobequid/Rawdon  
Maple Ridge Elementary  
New Glasgow Junior High  
North Colchester High  
North River Elementary  
Northport Consolidated  
Oxford Regional Education Centre  
Parrsboro Elementary  
Parrsboro Regional High  
Pictou Elementary  
Rawdon District School  
Redcliff Middle School  
River Herbert District High  
River Herbert Elementary School  
River John Consolidated  
Riverside Education Center  
Salt Springs Elementary  
Springhill Elementary  
Springhill Jr High  
Tatamagouche Elementary  
Temperance Street  
Thorburn Consolidated

Trenton Elementary School  
Trenton Middle School  
Truro Junior High  
Upper Stewiacke Elementary  
Valley Elementary School  
Wallace Consolidated  
Walter Duggan  
Wentworth Consolidated  
West Colchester Consolidated  
West End Memorial  
West Highlands School  
West Pictou Consolidated  
Willow Street School

## Halifax Regional

Admiral Westphal Elementary School  
Astral Drive Elementary  
Bedford Junior High  
Beechville Lakeside Timberlea  
Bell Park Academic Centre  
Bel Ayr Elementary School  
Cavalier Drive Junior High  
Centre Consolidated School  
Centre Scolaire de la Rive-Sud  
Chebucto Heights  
Chiganois Elementary  
Cobequid Old Barns Elementary  
Colby Village Elementary  
Cunard Junior High  
Ecole Burton Ettinger  
Ecole Gertrude Parker  
Ecole Secondaire du Sommet  
Ecole St Catherine's  
Elizabeth Sutherland  
Ellenvale Junior High  
Five Bridges Junior High  
Gaetz Brook Junior High  
George Bissett Elementary School  
Grosvenor Wentworth Park School  
Halifax Christian Academy  
Hammonds Plains Consolidated  
Hants North Rural  
Harold T. Barrett Junior High  
Harry R. Hamilton Elementary  
Hawthorn Elementary  
Herring Cove Junior High  
Humber Park  
Ingilis Street Elementary  
John MacNeil School  
Joseph Howe School  
Lakefront Consolidated  
Landmark East School  
Le Marchant St. Thomas  
Leslie Thomas Junior High  
Madeline Symonds Middle School  
Mount Edward School  
Musquodoboit Rural High  
Musquodoboit Valley Education Centre  
Nelson Wynder  
Newbridge Academy  
Oxford School  
Oyster Pond Academy  
Portland Estates  
Prince Arthur Junior High  
Ridgecliff Middle School  
Riverside Education Centre  
Robert Kemp Turner  
Rockingham Elementary  
Sackville Centennial School  
Sackville Heights Junior High  
Sacred Heart School

Sambro-Ketch Harbour Elementary  
Seaside Elementary  
Shatford Memorial Elementary  
South Woodside Elementary  
St. Agnes Junior High  
St. Joseph's A. MacKay  
Tantallon Elementary  
Tantallon Junior High School  
Temperance Street School  
Waverly Memorial  
Westmount Elementary

## South Shore

B.E.S.  
Bayview Community School  
Bluenose Academy  
Bridgewater Elementary  
Bridgewater JS High  
Centre Scolaire de la Rive-Sud  
Chester Area Middle School  
Dr. Wickwire  
Gold River Western Shore Elementary  
Greenfield  
Hebville Academy  
Lunenburg Academy Aspotogan Consolidated  
New Germany Elementary  
New Germany Rural High School  
New Ross Consolidated  
Newcombville Elementary School  
North Queens Community School  
PENTZ Elementary  
Petite Riviere Elementary  
South Queens Middle School  
West Northfield Elementary

## Tri-County

Arcadia Consolidated School  
Barrington Municipal High School  
Barton Consolidated School  
Cape Sable Island Elementary  
Carleton Consolidated School  
Digby Elementary  
Digby Neck Consolidated School  
Digby Regional High  
Drumlin Heights Consolidated School  
Evelyn Richardson Elementary  
Forest Ridge Academy  
Hillcrest Academy  
Islands Consolidated School  
Lockport Regional High School  
Maple Grove Education Centre  
Meadowfields Community School  
Plymouth School  
Port Maitland Consolidated Elementary  
Shelburne Regional High School  
South Centennial Elementary  
St. Mary's Bay Academy  
Weymouth Consolidated  
Yarmouth Central Elementary

## Cape Breton-Victoria

Ashby Elementary  
Baddeck Academy  
Bayview Education Centre  
Boularderie Elementary  
Bras d'Or Elementary  
Breton Education Centre  
Bridgeport School  
Brookland Elementary  
Cape Smokey Elementary  
Cornwallis Elementary  
Coxheath Elementary  
Cusack Elementary  
Donkin-Gowrie Complex  
Dr. T.L. Sullivan Middle School  
Eskasoni High School  
Florence Elementary

George D. Lewis  
Glace Bay Elementary  
Greenfield Elementary  
Harbourside Elementary  
Inverness Education Centre  
John Bernard Croak  
Jubilee Elementary  
Malcolm Munroe Memorial Jr. High  
Membertou School  
Middle River Elementary  
Mira Road Elementary  
Mt. Carmel Elementary  
Rankin Memorial  
Riverside Elementary  
Robin Foote Elementary  
Saint Anne Elementary  
Seton Elementary  
Sherwood Park Education Centre  
Shipyard Elementary  
Southside Learning Center  
St. Agnes Elementary  
St. Annes School  
St. Joseph Elementary  
Sydney Mines Junior High  
Sydney River Elementary  
Thompson Senior High  
Tompkins Memorial School  
We'Keq Ma'q Elementary  
Whitney Pier Memorial Junior High  
Whycocomagh Education Centre

## Strait

Antigonish Education Centre  
Bayview Education Centre  
Chedabucto Education Centre  
Dr. John Hugh Gillis Regional School  
Dr. Thomas McCulloch School  
Frank H. MacDonald  
Felix Marchand Educational Centre  
East Antigonish Education Centre  
Ecole Acadienne de Pomquet  
H.M. MacDonald Elementary  
Inverness Education Centre  
Maritime Hockey Academy  
Mulgrave Memorial Education Centre  
Northumberland Regional High School  
Pictou Elementary  
Pictou Landing First Nations School  
Rev. H.J. MacDonald Elementary School  
Richmond Academy  
River John Consolidated  
St. Andrew Education Centre  
St. Andrew Junior High School  
St. Mary's Education Centre  
Tamarac Education Centre  
Trenton Middle School  
W.A. MacLeod  
Wagmatcookewey Elementary  
We'koqma'q Elementary  
Whcocomagh Education Centre  
Walter Duggan Consolidated

## Conseil Scolaire Acadien Provincial

Etoile de l'Acadie  
Ecole Bellville  
Ecole Jean-Marie-Gay  
Ecole Joseph Dugas  
Ecole Pubnico-Ouest  
Ecole Saint-Albert  
Ecole Stella-Maris  
Ecole Wedgeport