milk SPORT FAIR

MAY 12TH-13TH, 2027 • WEST HANTS SPORTS COMPLEX

TEACHER PACKAGE

DAIRY FARMERS OF NOVA SCOTIA

NOVA SCOTIA

sport nova scotia

WHAT IS THE MILK SPORT FAIR?

The Milk Sport Fair is a fully-interactive sporting event and an excellent opportunity for your students to get active and learn about the many sport options available in Nova Scotia. **Since 2002, more than 97,000 students** from across the province have participated in the Milk Sport Fair program.

Sport Nova Scotia is pleased to announce that the Milk Sport Fair will return to **West Hants, Nova Scotia!**

ACTIVITIES FOR GRADES 3 TO 8

A fully interactive experience

Representatives from sport organizations will encourage your students to give their sport a try. Whether it's driving a golf ball, taking a slap shot, shooting a basket, spiking a set, swinging a bat, doing a karate kick, or even paddling a kayak, we are confident your students will enjoy actively participating in the numerous exhibits.

Learn what sport has to offer

Experience sport demonstrations, exhibitions, inspirational presentations, or information sessions. The Milk Sport Fair is entertaining and fun for everyone.

Options for everyone

Participate in up to 30 sports.

Be inspired

Meet some of Nova Scotia's top athletes and coaches, learn their training techniques, get an autograph, and see them in action.

A MORE ACTIVE NOVA SCOTIA

The rationale for participation in sport and physical activity is extensive. Well-structured sport programs provide children with higher levels of fitness, better health, social involvement, and the satisfaction derived from developing skills in individual and group activities.

The Milk Sport Fair endeavours to accomplish:

- create excitement about what sport in Nova Scotia has to offer our youth;
- promote health, physical activity and sport to Nova Scotia's youth;
- increase the number of Nova Scotians who commit to physical activity for life; and
- decrease the costs of health care by increasing the physical activity levels of Nova Scotians.

REGISTER BELOW:

SPORTNOVASCOTIA.CA

Cost is $5 per student, payable in cheque or cash upon arrival at the registration table. Please make cheques payable to Sport Nova Scotia. Receipts will be provided.

MAY 12TH	MAY 13TH
Wednesday 9am- 2pm	Thursday 9am- 2pm

WEST HANTS SPORTS COMPLEX

Annie Kennedy | 902-425-5450 ext 344 | akennedy@sportnovascotia.ca

Title Sponsor

Dairy Farmers of Nova Scotia - Nova Scotia's dairy farms are a cornerstone of the province's rural vitality, and their commitment to producing milk "the Canadian way" is more than just a slogan—it's a promise rooted in quality, care, and community.

Host

Sport Nova Scotia is a non profit, non government federated organization. Our membership is made up of over 50 sport governing bodies, ("Provincial Sport Organizations" or "PSOs"), as well as multisport organizations and other groups and individuals that share a mutual interest. Collectively we are a voice for more than 160,000 member Nova Scotians.

Presenting Sponsor

As a funding partner of Sport Nova Scotia, the **Nova Scotia Department of Communities, Culture, Tourism and Heritage.** provides policies, programs and services that maintain, enhance and create quality sport recreation and fitness opportunities to improve health and contribute to the social and economic well-being of all Nova Scotians.

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Past exhibitors

101.3 Virgin Radio
101.5 The Hawk
94.9 The Cape
Acadia University
Alpine Ski
Anchor City Roller Derby Badminton
Arm Wrestling
Artistic Swimming
Athletics
Atlantic Motorsport Karters Assoc.
Baseball
Basketball
Biathlon
Bicycling
Bikercise
Boccia Nova Scotia
Boxing
Burton Snowboards
Canada Games
Canadian Council of the Blind Curling Team
Canadian Olympic Committee
Canadian Tire Jump Start Charities
Cape Breton Regional Municipality
Cape Breton University
Change Skating to Figure Skating
Cricket
Cross Country Ski
Curling
Dairy Farmers of Canada
Decathlon Dartmouth
Disc NS
Diving
Doctors Nova Scotia
Duke of Edinburgh Award
Easter Seals
Electric Wheels Junior Roller Derby
Equestrian
Esteem Team
Farmers Dairy
Fencing
Field Hockey
Football
Golf
Gymnastics
Halifax Tides FC
Halifax Wanderers Football Club
HBC Run for Canada
Heart and Stroke Foundation
Hockey
Judo
Karate
KidSport
Lacrosse
Lifesaving Society
Lifetouch Sports
Maritime Heart Center
Municipality of Argyle
Municipality of Yarmouth
Newbridge Academy
Nova Scotia Curling Association
Nova Scotia Health & Wellness
Nova Scotia Sport Hall of Fame
Nova Scotia Unihockey Floorball Association
On Tree
Onside Performance
Orienteering
Parasport Nova Scotia
Pickleball Nova Scotia
Pisiquid Canoe Club
RBC Olympian Program
Recreation Nova Scotia
Ringette
Rope Skipping
Rowing
Rugby
Scotiabank Blue Nose Marathon
Skating
Ski Ben Eoin
Ski Martock
Skillz Systems
Snowboarding
Snowmobilers Association of Nova Scotia
Soccer
Softball
Special Olympics
Speed Skating
Sport Nova Scotia
Squash
StFX University
Subway
Swimming
Tae Kwon Do
Tennis
The Chronicle Herald
Tobacco-Free Sport & Recreation
Tough Monkey Physical Training
Triathlon
Virgin Radio
Volleyball
Water Polo
West Hants Regional Municipality Wrestling
Wheelchair Basketball
Windsor Karate Club
Windsor Tennis Club
Wrestling Nova Scotia
Yachting
YMCA

"The kids are getting exposed to a lot of different sports and activities that they may not have seen before. This gives them an open mind to try a bunch of different sports and find one they enjoy. One more kid involved in sport the better."

James Baker, parent chaperone
Mount Edward Elementary School

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Past participants

Annapolis Valley
Annapolis East Elementary
Bridgetown Regonal Elementary
Brooklyn Elementary
Cambridge & District Elementary
Central Kings Rural High School
Central Consolidated School
Champlain Elementary
Clark Rutherford Memorial School
Dwight Ross Elementary
Ecole Burton Ettinger School
Fairview Junior High
Hants North Rural High School
Hantsport School
Indian Brook
John MacNeil Elementary
Kings County Academy
Kings County Christian School
New Minas Elementary
Northeast Kings Education Centre
Port Williams Elementary
Somerset & District Elementary
West Hants Middle School
Windsor Elementary School
Wolfville Junior High

Chignecto-Central
Acadia Street Elementary
Advocate District School
Bible Hill Central Elementary
Bible Hill East Court Road Elementary
Brookfield Elementary
Central Colchester Jr High
Chiganois Elementary
Cobequid Consolidated School
Cumberland North Academy
Cyrus Eaton Elementary
Debert Elementary
Dr. Thomas McCulloch
Dr W.A. MacLeod Elementary
East Pictou Middle
EB Chandler
Elmsdale District School
Enfield District Elementary
Great Village Elementary
Harmony Heights Elementary
Hilden Elementary
Junction Road Elementary
Maitland/Cobequid District Schools
Maitland/Cobequid/Rawdon
Maple Ridge Elementary
New Glasgow Junior High
North Colchester High
North River Elementary
Northport Consolidated
Oxford Regional Education Centre
Parrsboro Elementary
Parrsboro Regional High
Pictou Elementary
Rawdon District School
Redcliff Middle School
River Herbert District High
River Herbert Elementary School
River John Consolidated
Riverside Education Center
Salt Springs Elementary
Springhill Elementary
Springhill Jr High
Tatamagouche Elementary
Temperance Street
Thorburn Consolidated
Trenton Elementary School
Trenton Middle School
Truro Junior High
Upper Stewiake Elementary
Valley Elementary School
Wallace Consolidated
Walter Duggan
Wentworth Consolidated
West Colchester Consolidated
West End Memorial
West Highlands School
West Pictou Consolidated
Willow Street School

Halifax Regional
Admiral Westphal Elementary School
Ash Lee Jefferson
Astral Drive Elementary
Bedford Junior High
Beechville Lakeside Timberlea
Bel Ayr Elementary School
Bell Park Academic Centre
Brookside Jr. High
Burton Ettinger
Caldwell Road Elementary
Cavalier Drive Junior High
Cavalier Drive School
Centre Consolidated School
Centre Scolaire de la Rive-Sud
Chebucto Heights
Chiganois Elementary
Cobequid Old Barns Elementary
Colby Village Elementary
Colonel John Stuart Elementary
Cunard Junior High
Duc d'Anville Elementary School
East St Margaret's
Eastern Passage Education Centre
Ecole Burton Ettinger
Ecole Gertrude Parker
Ecole Mer et Monde
Ecole Secondaire du Sommet
Ecole St Catherines
Elizabeth Sutherland
Ellenvale Junior High
Fairview Junior High
Five Bridges Junior High
Gaetz Brook Junior High
George Bissett Elementary School
Grosvenor Wentworth Park School
Halifax Christian Academy
Hammonds Plains Consolidated
Hants North Rural
Harold T. Barrett Junior High
Harry R. Hamilton Elementary
Hawthorn Elementary
Herring Cove Junior High
Highland Park Junior High School
Humber Park
Inglis Street Elementary
John MacNeil School
John Martin Junior High
Joseph Howe School
Lakefront Consolidated
Landmark East School
Le Marchant St. Thomas
Leslie Thomas Junior High
Madeline Symonds Middle School
Mount Edward Elementary
Mount Edward School
Musquodoboit Rural High
Musquodoboit Valley Education Centre
Nelson Wynder
Newbridge Academy
Oxford School
Oyster Pond Academy
Park West
Park West School
Portland Estates
Portland Estates Elementary
Prince Arthur Junior High
Ridgecliff Middle School
Riverside Education Centre
Robert Kemp Turner
Rockingham Elementary
Sackville Centennial School
Sackville Heights Junior High
Sacred Heart School
Sambro-Ketch Harbour Elementary
Seaside Elementary
Shatford Memorial Elementary
Shubenacadie District Elementary
Sir Charles Tupper
South Woodside Elementary
South Woodside Elementary School
Springvale Elementary
St. Agnes Junior High
St. Catherine's Elementary
St. Catherine's Elementary School
St. Joseph's A. MacKay
St. Stephen's Elementary
Tantallon Elementary
Tantallon Junior High School
Tantallon Senior Elementary School
Temperance Street School
Uniacke District School
Waverly Memorial
Westmount Elementary

Past participants

South Shore
B.E.S.
Bayview Community School
Bluenose Academy
Bridgewater Elementary
Bridgewater JS High
Centre Scolaire de la Rive-Sud
Chester Area Middle School
Dr. Wickwire
Gold River Western Shore Elementary
Greenfeild
Hebville Academy
Lunenburg Academy Aspotogan Consolidated
New Germany Elementary
New Germany Rural High School
New Ross Consolidated
Newcombville Elementary School
North Queens Community School
PENTZ Elementary
Petite Riviere Elementary
South Queens Middle School
West Northfield Elementary

Tri-County
Arcadia Consolidated School
Barrington Municipal High School
Barton Consolidated School
Cape Sable Island Elementary
Carleton Consolidated School
Digby Elementary
Digby Neck Consolidated School
Digby Regional High
Drumlin Heights Consolidated School
Evelyn Richardson Elementary
Forest Ridge Academy
Hillcrest Academy
Islands Consolidated School
Lockport Regional High School
Maple Grove Education Centre
Meadowfields Community School
Plymouth School
Port Maitland Consolidated Elementary
Shelburne Regional High School
South Centennial Elementary
St. Mary's Bay Academy
Weymouth Consolidated
Yarmouth Central Elementary

Cape Breton-Victoria
Ashby Elementary
Baddeck Academy
Bayview Education Centre
Boularderie Elementary
Bras d'Or Elementary
Breton Education Centre
Bridgeport School
Brookland Elementary
Cape Smokey Elementary
Cornwallis Elementary
Coxheath Elementary
Cusack Elementary
Donkin-Gowrie Complex
Dr. T.L. Sullivan Middle School
Eskasoni High School
Florence Elementary
George D. Lewis
Glace Bay Elementary
Greenfield Elementary
Harbourside Elementary
Inverness Education Centre
John Bernard Croak
Jubilee Elementary
Malcolm Munroe Memorial Jr. High
Membertou School
Middle River Elementary
Mira Road Elementary
Mt. Carmel Elementary
Rankin Memorial
Riverside Elementary
Robin Foote Elementary
Saint Anne Elementary
Seton Elementary
Sherwood Park Education Centre
Shipyard Elementary
Southside Learning Center
St. Agnes Elementary
St. Annes School
St. Joseph Elementary
Sydney Mines Junior High
Sydney River Elementary
Thompson Senior High
Tompkins Memorial School
We'Keq Ma'q Elementary
Whitney Pier Memorial Junior High
Whycocomagh Education Centre

Strait
Antigonish Education Centre
Bayview Education Centre
Chedabucto Education Centre
Dr. John Hugh Gillis Regionl School
Dr. Thomas McCulloch School
Frank H. MacDonald
Felix Marchand Educational Centre
East Antigonish Education Centre
Ecole Acadienne de Pomquet
H.M. MacDonald Elementary
Inverness Education Centre
Maritime Hockey Academy
Mulgrave Memorial Education Centre
Northumberland Regional High School
Pictou Elementary
Pictou Landing First Nations School
Rev. H.J. MacDonald Elementary School
Richmond Academy
River John Consolidated
St. Andrew Education Centre
St. Andrew Junior High School
St. Mary's Education Centre
Tamarac Education Centre
Trenton Middle School
W.A. MacLeod
Wagmatcookewey Elementary
We'koqma'q Elementary
Whcocomagh Education Centre
Walter Duggan Consolidated

Conseil Scolaire Acadien Provincial
Etoile de l'Acadie
Ecole Bellville
Ecole Jean-Marie-Gay
Ecole Joseph Dugas
Ecole Pubnico-Ouest
Ecole Saint-Albert
Ecole Stella-Maris
Ecole Wedgeport